

British Triathlon

Draft legal mass participation Triathlon and Duathlon Guidance

Updated July 2016

Athlete Guidance

British Triathlon will seek to adopt wherever possible ITU Competition Rules in respect of Age Group draft legal racing. The ITU has already published their own rules, these are summarised in this document. Full ITU Competition Rules are available on the ITU website. It should be noted these rules are currently in draft format and British Triathlon will update this document if any subsequent changes occur.

The new rules associated with draft legal Age Group racing will be incorporated into the BTF Rulebook for 2016. Where possible they will be merged with existing rules, and where possible terminology simplified.

It should be noted that these rules are in addition to those already shown in the BTF Rule book, these additions only apply to draft legal Age Group events which have been authorised & permitted by the relevant home nation association.

Competition Rules

- Drafting is forbidden of a different gender athlete;
- Drafting is forbidden of a motorbike or vehicle;
- Lapping is allowed, but drafting from athletes to a different gender to you is not;

Drafting in these cases shall be defined as it is for draft illegal races. Penalties that shall apply:

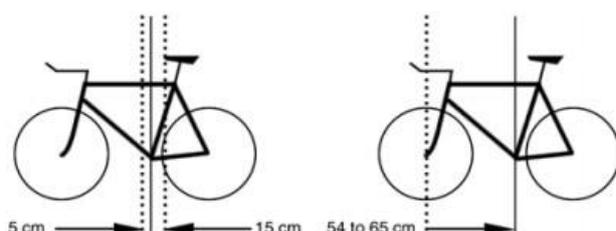
If an infringement of any of the above rules takes place, this will be treated in the same manner as dangerous riding, which incurs and automatic DSQ.

Disqualification shall also apply where equipment is deemed to be illegal and the competitor has been unable for whatever reason to make adjustments to make their equipment legal.

Equipment Rules

BIKE CHARACTERISTICS

- The bike will be no more than one metre and eighty-five (185) centimetres long, and fifty (50) centimetres wide;
- The bike will measure between 24 centimetres and 30 centimetres from the ground to the center of the chain wheel axle;
- There will be no less than 54 centimetres and no more than 65 centimetres between a vertical line passing through the center of the chain wheel axle and a vertical line through the centre of the front wheel axle;
- There will be a vertical line touching the front-most point of the saddle which will be no more than 5 centimetres in front of, and no more than 15 centimetres behind, a vertical line passing through the centre of the chain wheel axle, and an athlete must not have the capability of adjusting the saddle beyond these lines during competition;



- The frame of the bike shall be of a traditional pattern, i.e., built around a closed frame of straight or tapered tubular elements, (which may be round, oval, flattened, teardrop shaped or otherwise in cross-section) Non-traditional or unusual bikes or equipment shall be illegal unless prior approval has been granted from the Technical Delegate, prior to the start of the competition;
- Non-traditional or unusual bike (including fixed wheel bikes) or equipment shall be illegal unless prior approval has been granted from the BTF Technical Committee, prior to the start of the competition. Brompton-style bikes are permitted (this rule is only applicable in Britain).
- Bike race number stickers, provided by the organiser, must be placed on the bike as instructed, without any alteration.

WHEELS

Wheels must have the following characteristics:

- Wheels shall have at least 12 spokes;
- Disc wheels are not allowed;
- Must be a brake on each wheel;
- Disc brakes are not allowed.

HANDLEBARS

The following handlebar rules will apply:

- Only traditional drop handlebars are permitted. The handlebars must be plugged;
- Clip-ons are not allowed;
- Tri-bars are not allowed.

HELMETS

Standard BTF rules will apply, whereby helmets must have the appropriate safety approval mark (ANSI Z90.4, SNELL B90, EN 1078 or an equivalent national standard must be worn by competitors. A CE mark is not an approval mark and should not be treated as an approval. Aero Helmets are not permitted to be worn in the relay tag zone.