

## Current ITU Rules for Draft legal Age Group Racing

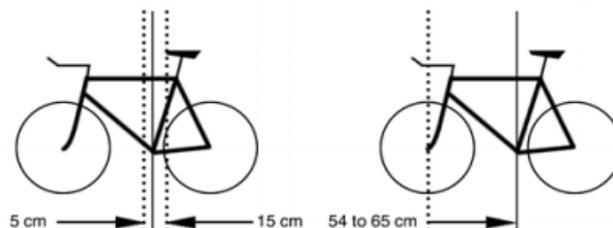
Extracts from ITU 2015 Competition Rules (as of 17/12/2014)

### EQUIPMENT

#### BIKE CHARACTERISTICS

(ii) For draft illegal events, and **age group draft-legal events**:

- The bike will be no more than one meter and eighty five (185) centimeters long, and fifty (50) centimeters wide;
- The bike will measure between 24 centimeters and 30 centimeters from the ground to the center of the chain wheel axle;
- There will be no less than 54 centimeters and no more than 65 centimeters between a vertical line passing through the center of the chain wheel axle and a vertical line through the center of the front wheel axle;
- There will be a vertical line touching the front-most point of the saddle which will be no more than 5 centimetres in front of, and no more than 15 cm behind, a vertical line passing through the centre of the chain wheel axle, and an athlete must not have the capability of adjusting the saddle beyond these lines during competition;



- The frame of the bike shall be of a traditional pattern, i.e., built around a closed frame of straight or tapered tubular elements, (which may be round, oval, flattened, teardrop shaped or otherwise in cross-section) Non-traditional or unusual bikes or equipment shall be illegal unless prior approval has been granted from the Technical Delegate, prior to the start of the competition;
- Only logos of bicycle related products may appear on the athlete's bicycle;
- Logos may not interfere with, or hinder the placement of, the bicycle race number on the bicycle frame;
- Bike race number stickers, provided by ITU or the LOC, must be placed on the bike as instructed, without any alteration;
- Bikes provided with the UCI Time Trial homologation label (Code TT) are always allowed in ITU draft illegal events, even if they contravene any of the 5 first bullets in this 5.2 b) (ii) insert.

#### WHEELS

(vii) **For Age Group draft-legal competitions**, wheels must have the following characteristics:

- Wheels shall have at least 12spokes;

- Disc wheels are not allowed.

#### HANDLEBARS

(ii) For Age Group draft-legal competitions, the following handlebar rules will apply:

- Only traditional drop handlebars are permitted. The handlebars must be plugged;
- Clip-ons are not allowed.

#### OVERLAPPING

5.4. *Overlapping*: a.) Elite, U23, Junior and Youth, athletes who have been lapped during the bike segment will be withdrawn from the race. This provision can be modified by the TD, following the procedure outlined in 1.5.

Nothing in as yet from the ITU about Age-Group races regarding overlapping

**For Oulton Park Duathlon, October 2015, lapping is allowed, please see next page for restrictions to overlapping in a draft legal race.**

## DRAFTING

### 5.5. Drafting:

#### a.) General Guidelines:

(i) There are two kinds of competitions, depending on the allowance of drafting:

- Draft-legal races;
- Draft-illegal races.

(ii) The races will be draft-legal or illegal according to this table:

	<u>Junior</u>	<u>U23</u>	<u>Elite</u>	<u>Age-Group</u>	<u>Paratriathlon Elite and Open</u>
<b>TRIATHLON</b>					
Team Relay	Legal	Legal	Legal		
Sprint Distance	Legal	Legal	Legal	Illegal (2015) Legal (2016 and after)	Illegal
Standard Distance		Legal	Legal	Illegal	Illegal
Middle and Long Distance Triathlon			Illegal	Illegal	Illegal
<b>DUATHLON</b>					
Team Relay	Legal	Legal	Legal		
Sprint Distance	Legal	Legal	Legal	Illegal (2015) Legal (2016 and after)	Illegal
Standard Distance		Legal	Legal	Illegal	Illegal
Long Distance			Illegal	Illegal	Illegal
<b>AQUATHLON</b>					
<b>WINTER TRIATHLON</b> (all distances)	Legal				
<b>CROSS TRIATHLON AND DUATHLON</b> (all distances)	Legal				

#### PLEASE NOTE:

ITU proposed draft legal Age-Group racing will affect both Sprint Triathlon **AND** Duathlon

**b.) Draft legal events:**

(i) Drafting is forbidden of a different gender athlete;

(ii) Drafting is forbidden of a motorbike or vehicle.

*In addition to the extracts from the current ITU draft legal rules for Age Group racing please note for multi lap bike courses, where lapping is allowed, athletes should not draft off an athlete from a different wave or lap to them.*